



m]cd i c] d rKh

uQ OrAu yd I \$hdoduhka



INTEGRATED FOOD SECURITY PROGRAMME
TRINCOMALEE

PNA hkq . Jush
 l KAdhuz i uz
 i xjdohg u.
 fmkj kfkI s fuyos
 i xj rDK j Hdmb; s
 i byd l dka dj ka
 , eohdj ka i y
 mjuL; dj hka
 . ek woyi a i byd
 i dl pPd l r; s Wod'
 wlohdhuz udra "
 f. j; `j. dj"
 fi !LHdrcI Kh i y
 mdi e, a orej kaj og d
 wdydrh hkdohs



mjcd i cjs rKh l ul a i bydo?

mjcd i cjs rKh hkq ck; dj uq a
 l rf. k we; s l rkkdjQ i xj rDK
 l huj, hl hdka jkhl s thka M, odhs
 whrka i um; a mrsyrKh jevs ohqKq
 l rsug; a i j yel huj ka
 f. dvke. Sug; a odhl ; j hg w; ys
 oLug; a ke; s ners wh i xj rDKfha jvd
 Wofhda su; a fl dgi d rej ka j su; a we; s
 l rhs

mjcd i cjs rKh hkq wi rK jQ . Jush
 ck fl dgi a i j i xj Odkd; aul
 l huj, hl a i byd oekj; a l rsu cks
 l rj fuz n, hl a we; s l hndodul s

mjcd i cjs rKh hQ j; dj rKhl a we; s
 l , ys . Jush ugguka i a dj rhl a
 f. dvke. Sug b, l d l rhs i xj rDKh
 yd wdfhdckh hk l huj, hka i byd
 jSj di h f. dvke. su tjeks i a dj rhl a
 we; s l rhs

i a dj rhl a f. dvke. su i byd jQ j eo. ; a
 odhl ; j hl a we; s l rsug ; j Kdu, fha
 msygd we; s IFSP jev mxfj, 1998
 wf. da a `uQ druNfha i g l ghq`
 l rhs wi rK jQ yd wdydr yL ug
 uyqmdk ck; dj g cJ fkdandhka
 l rf. k hEug; a Uj kf. a fi !LH yd

i kndrcII l ghq` j rDKh l rf. k
 hdug; aIFSP jev mxfj, w; ys fohs
 IFSP jevmxfj f, ys uQ d fl dgi l a
 j k i udc i cjs rKh u. ka wdydr yd
 fmda K i rCl s ; dj jevs ohqKq l rhs
 hQdfhka wi rK jQ ck; dj g kej ;
 . Jush wdra s hg i unkd l rj sug
 thka myi d uz i , i hs wrhpfhys yd
 hQdfhys i j rEmh" i duh mj ; k
 mlfodj j, g jvd w; sYhka u fj ki a
 i j rEmhl a . ks fuz fj ki d uz mjcd
 i cjs rKh u. ka wj OdrKhg . ;
 hq` h' mi q okfha l ul a fjD? Uj kf. a
 ffokd l ghq` l rf. k hdug yel s
 fjD? tfi a a ke; kuz os a ei fi kkdjQ
 hQdh ki d Uj kf. a . unuz yer hdug
 i s fjd hkak ck; dj fkdokS
 wi a dj rNdjh yd nh fya ` fl dgf. k
 ck; dj oS l d, k wdfhdck i byd
 wl ue; a m, l rhs ta fj kjg Uj ka
 fl gs l d, k wj YH; dj hka i byd
 wruqKq l rhs Bg wu; rj wjs ork
 mpa , hkf. a i j hx md, k rS s j, g
 wj k; j sug ck; dj g i s j s we; f; a
 Uj kf. a cJ fkdandh l r . ek su
 Wfoi dh' mjcd i cjs rKh wj YH
 j kfkka wrhQ l d, fhos Uj kf. a cJ k



c, i umdokh ; j
 \rg; a jevs ohkq
 l r . eklu i byd
 i dl pPd l rlu

rgdj ; yjre l rlu; a wfkdH wdOdr
 Wml dr mjrDKh l rlu; h'
 fndfyda wdOdr i xjOdk yd rdch
 wdH; k ; E. fnda ofuka wdOdr
 Wml dr l r; s fkdus fha wdydr
 i emhu" fkdus fha . Dy Wml rK
 i emhu fyda f. dvke. s s kej ; bbd r
 . eklu i byd uqH wdOdr odu
 hkdo fhka ck; dj f. a Wkkaj yd
 l emlu yk l rkq , nhs tnejka
 Ujka hefmkkka jk w; r ; j ; a
 wi rKNDj hg m; fjhs ck; djg wdOdr
 Wml dr wj YH jg ; a Ujka tjd
 i ykdOdr j Yfhka wj YH fkdj kfk
 thka Ujka. a wd; u. rel jh" wd; u
 jYj di h yE, a jg , l jk nejka yd
 tjeks fohka Ujka. a udki d msvkh
 jevj k ki d; h' wkd. ; i xj rDK
 mh; kh fn, ykNDj hg m; a l rkq
 , nkfkka i ykdOdr l ghq ` ki dh' ta
 fjkgg i ykdOdr yd Wml dr ck; dj
 j s ka krudKh l rkq , nk Ujka. a
 cjk rgdjg w; je, l a js jvd; a
 fhda H fjz ck; dj f. a yos s
 wj YH; dj ka i mrd, lu Wfoi d wrhnp yd
 i x. lu l d, hkayos mjd i cjs rKh
 mjfhda d yd M, odhs jh hq h'
 l jhd drs wdruNhl a i uz we; s jk
 mjd i cjs rKh i xj rDK i ydhka

i uz yel hdj ka f. dvke. lu i y thg
 wkq, odu tl j nefok hdka jkhl s

IFSP i u. wdruN l rkq , en we; s
 mjd i cjs rKfha i xl , mh i y mjs lu
 fuu m; j dj i uz js a r l rkq
 , efnz mjd i cjs rKh hkq l ul o?
 th l jhd; ul j kfkka fl fi o?

- mjd i cjs rKfhys m<uq fl dgi
 i dudkH i xl , mhl ka i el i S we; '
 ; jo fi j dj ka i y ck; dj w; r we; s
 mr; rh ke; d rlu" Ujka. a yel hdj ka
 jevs ohkq l rlu i y Ujka we; s
 md, k n, ; , j, yel hdj mjrDKh
 l rlu'
- mjd i cjs rKh i dudcd hkf. a
 i ydh we; j mjfoah fl dgi d rej ka
 js ka . lu h fhckid lu il i a fl dg
 l jhd; ul l rk wdl drh fofj ks
 fl dgi ka js ly fl fra
- mjd i cjs rKfha i dudcd hka
 i ydhl hka j Yfhka Ujka. a
 l jhd drl uz msfj , ka yd i xl , mhka
 f; jk fl dgi ka mslnq fjz
- foafha i duh f. dvke. lu i byd
 l , yel s mbdkhka fudkj do hkak
 i dl pPd l r il id . eklu wj idk
 j Yfhka i dl fra

mlksh c, h l byd
 , dl a l emfuz fhos
 i gk w; r
 jevl ghq` j,
 i dral ; j h i y
 thska ; ; a w; oel sz
 yj udre l r . ekSu'



mjcd i cjs rKfha i xl , mh

IFSP u. ka . Ijsh ugguka mek k. k
 mYk krnl rkh mjrDKh l rfuz
 i xl , mhl a jevohkq l rukamj ; s
 . Ijsh cki udy j , g wdOr l rk
 fi jd wdh ; k ffOru ; a l rnu IFSP
 u. ka i dl rsh fi jd i mhkakkf. a a
 . Ijsh ckfl dgGdY j , ; a yel hdj ka
 yd i um ; a by , yd my , ugguka
 Yl a u ; a l rnu mjcd i cjs rKh
 u. ka l ghq` l rsh fi j dj ka i u.
 ck i udyh i unko l rnu
 wNfhda hl s

mjcd i cjs rKh b, l d l rkfka

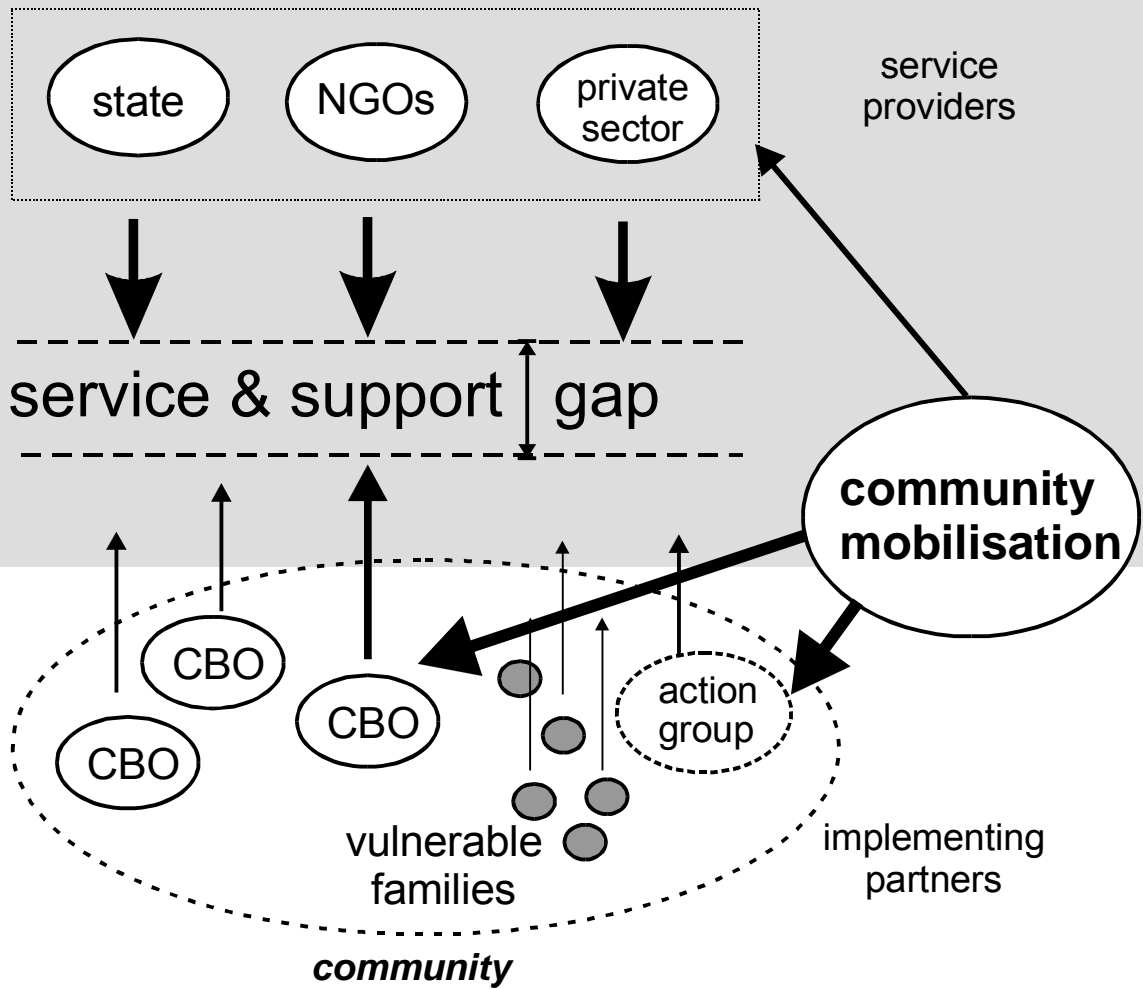
- .ck; dj Ujkf. u mryrKhka . ek
 oekj ; a l rnu
- Ujkf. u i um ; a l judKd ; j
 mryrKh l rnu Wkka l rnu
- ; ukf. u i dral Ndjhka (l hdl rnu
 we ; s yel hdj) i y yel hdj ka
 (l hdl rnu we ; s oekq) ohkq l rnu
- i j hxd, kh by , kexu
- . Ijsh wdrA s hg mj s ug myi d uz
 i e, ei j u

msygl a ke ; s l hdyS S mj q a i y
 uq d ; j h f. k l ghq` l rnu . Ijsh

i udc fl dgi a i y mjcd uggfuz
 i xjOdk j , g (CBO) l hdl rfuz we ; s
 yel hdj i y mYk j s dfuz Yl a h
 jrDKh l rnu uq d wNmh fjz
 Ujkf. a jHdm ; sj , j. l u i y
 l drhNdrh Ujka j s kau orkq , nk
 w ; r j s j di h f. dvke. u yd
 yel hdj ka jrDKh l rnu Ujka j s ka
 l r. kq , efnz

Ujkf. a i um ; a ? l . ekSu yd fi jd
 mryrKh l rkfka fl fi o hka
 i byd cki udy oekj ; a l rnu i dl fra
 rdh fi jd i , i kkkf. a d rdh
 fkdj k i xjOdk j , ; d fm!oa , d
 wxYfha a l ju i unko fhka i y . Ijsh
 i xj rDKhg fuj d odh j k fka fl fi o
 hka Ujka oekj ; a l rnu l rkq
 , efnz

osa l d, kj n, k l , mjcd
 i cjs rKfha mOdk wruKj , ka tl l a
 j k fka ck ; dj yd fi j dj ka w ; r
 mj ; k mr ; rh ke ; s l rnu ; a M, odhs
 i xj dohl a f. dvke. u i y i duys
 l hdyS Ndj hsh thk . Ijsh cki udy
 , nkkka fj kj g tys fl dgi d rej ka
 njg m ; fjz



fi j d i mhkkka i y l jhl drs idudcl hka w; r mr; rh ke; s l rlu

mjcd i cjs rKh i dra l jkfkka

- rch" rdch fkdj k i xjDdk i y mpa , d wxYfha fi j dj ka ms-rnb ck; dj f. a jvd jevs jSj di hl a mj; S ; ukaf. au jHdm; s l jhd; au l l rlu i byd Ujka j. l lu y. ; w; r ta i byd yel h djo mj; S Ujka f. a

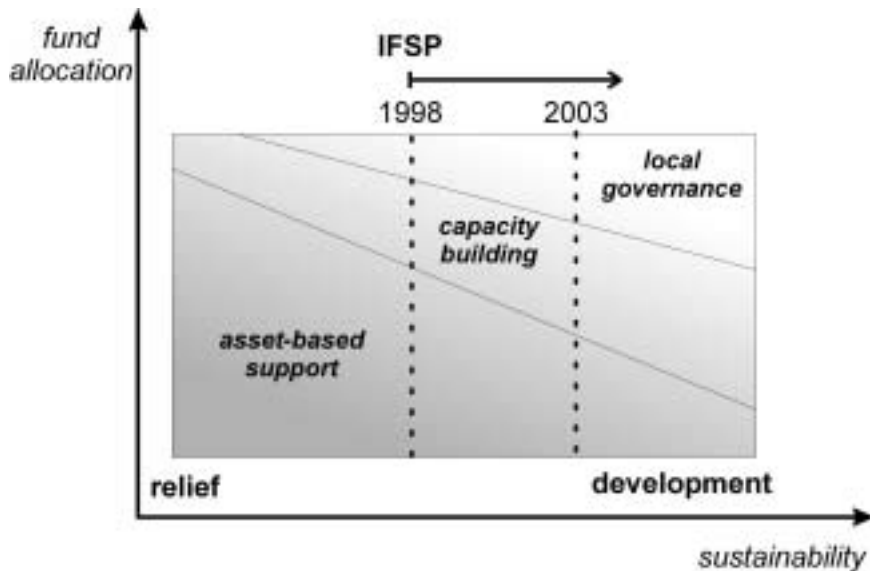
odhl ; j h , ndo ug i y fi j dj ka i byd f. j lu l r tjd jevs ohkq l rlu go Ujka g yel h d j we; '

- . juh ugguka we; s wj YH; dj hka g krka rfhka m; pdr oel j fuz yel h d j fi j d i mhkkka i ; f j h l

; j i xfhd a h

of d l d, skj n, k l , mjcd i cjs rKh wruqkq l rkfkka ; u md, k ; ka jh Umakexj lugh s fydb md, k ; ka jhl a hkq rgjei h d j s ka jSj di h ; nkq , nk rdch md, khl a

i y tys kS s j Hyyh s fuz jSj di h ; j Kdu, fha w; S y hka u ye, a j g , l j S we; f; a wmrdo yd wr. , rcl rlu; a i y rdch fi j h \rj , j lu; a ks dh'



mjcd i cjd rKh; j i xfhda h

i xj rDkh yd md, kh W; a k k l r s u
Wfoi d mjcd i cjd rKh u. ka fuz wxY
; k i unrj mj; j df. k hEu wj YH
fjz

i um; d dri i yfhda h: i um; a
y l u ka wi rK j Qmj q a j, g W. l
wr h p h l ka u o s u g yd yoi s
l umkhl g Ufrd; a o s u g fkdye l s
j s u k i d ; d j l d, d wem Wml dr wj YH
fjz mjcd i cjd rKh u. ka m s i r k l a
fkdue; s mj q a j, g i xj rDk
l h d j, h l a u. ka w d o d h u z W; a n d o k h
i y j s y d f h k a i u d c i x h q h g w; y s
o u i s l r h s

yel hd Wobnkh: wd h; k d i xj rDkh
yd yel h d W o b n k h f u y s m r u d r A h
fjz r d c h y d r d c h f k d j k i x j O d k
f l d g i d r e j k f. a i x j O d k d; a l
i x j r D k h g i u d c i c j d r K h u. ka
w k n, o s; d . l u s h u g g u s k a w e; s
i u d c h j e v u M Y l a u; a l r s u; a l r k
w; r j k j o f m f k k . e k h y e l s
i x j O d k f f O r H u; a l r h s ; j \ r g; a
i u d c i c j d r K h u. ka n e x t ` j e k s
w d h; k . l u s h w d r A d h g w E b d . e k s u g
W; a d f j h s

m d; a m d, k h: i u d c i c j d r K h
u. ka r d c h w d h; k j, f u k a r d c h

f k d j k w d h; k j, k s ; ,
o r k k k f. a j. l u z i y w d h; k d
m s s e k f u z W o b n k h w e; s l r h s m d; a
m d, k h w e; s l r s u g f u h u f y d m l d r s
f j z k s ; , o r k k k f. a ; s K i y
l d r H h m s n d c k; d j j s y d i h
f. d v k. h s i u d c i c j d r K f k d f h l a
w d l d r f h k a i j h x i x j O d k i y
f i j d j k a j e v s o h q Q l r s u i b y d
m d r f; d d l g h q ` i s l r h s j H d m d; s k a
j, i d u y d j j e v l r k . e u s
c k; d j f. a d r d c h i y r d c h f k d j k
i x j O d k w; f r a a m j Y K j s d f u z
y e l h d j i y w f k H k H m s s e k u
j r D k h l r s u i u d c i c j d r K h u. ka
W; a n d o k h l r k , o u Q O r l u i y
i x l , k h u. ka j e v s o h q Q l r h s
c k; d f m < . e i f u z h d k a h l a u Q O r l u
i y i x l , k h k a i u m t r k f h k a u r d c h
f o m d r A f u k a " r d c h f k d j k w d h; k
i y f o a y h k d h l ; j h k a j e k s
f l d g i d d r w x Y j, l d r H h k a i u z
w k h q a l r s u w j Y H f j z f u h l ,
y e l f l a m y d K j f u k a f y u b u l j u
W m f h d a s l r . k u s k a i y l d r H h
i u n k d i d u y d w j f n d O h l k a n j
l j h q h'



I DId rlu WmfoaYl iy
 . eus l dka dj ka tl fkl dg
 weyqul ka fohs

uQ Orlu y;

i xj doh: i udc i cjs rKh u. ka
 i hMu wod, mpa , hka iy wdh; k
 w; r i xj dohl a f. dvk. hs i xj doh
 hkq j sYj di h u; mokuz jQ
 i xj rDKhl a l rd hkkl s i xj doh hkq
 j Hdm; s l drHdj , fhys i unko jQ i Eu
 i dudcl fhl ` i uz fl frk j jD;
 woyi a yj udrej l s

yel hnd Wobankh: fi j d i mhkakkf. a
 i y . jluh fl dgi d rej kf. a
 yel hnd ka i y Odrs dj hka jevs ohKj
 wruKq l rSu i udc i cjs rKh u. ka
 i sl rhs hul s i j Hdm; hl tl a mjh,
 wruKl a j kfkka wkd. kfhas i M
 odhl ; j hl a fouka fl dgi d rej kf. a
 yel hnd j rDKh l ruka tjeks
 j Hdm; ka Uj kq fufyhj ug bv
 i e, i shs

i udch j. l u: ck; dj w; r
 we; ful g wfkl dg jvd hul a we; '
 i udc i cjs rKh . uj,
 fmdfydi ; d u we; s whj , kq wi rK jQ
 fl dgi a . ek jevs wj Odchl a we; s
 l rj su i sl rhs wi rK jQ mj q a ck
 i udchg i unko l rj su l rkq , nhs

j kjoNdh yd . Kkh: j Hdm; s
 Wkka; h" uQ H l ghq ` fl frk
 wdl drh i y ; dClKs l hdl drl uz
 . ek oek. ekug i Eu . eufhl gu
 whs hl a we; ' tuki d IFSP j s ka
 . j s qz w; a ka l rhs j jD;
 l hnd , hl ka odhl ; j hka krKh
 l rhs , hl hjs s (j Hdm; s . jka)

yj udrej Wkka l rjhs tfukau
 f; dr; re yj udrej j jD; l rkq , nhs

meje; u(i udc i cjs rKh u. ka
 . jluh j. l su Wkka l rjhs
 j Hdm; fhka M, orkkkayg whs h
 we; s l rSu Wfoi d l eml rSu i y
 odhl ; j h i sl rhs fuu. ka tfi a
 M, orkkkf. a cjs k rgdj ohKj su
 ki d" wkd. ; fhos Uj kf. a j Hdm; h
 wdrCl d l rSu l ghq ` l rhs IFSP
 . uska mg; j hk jg tys ck; dj
 j Hdm; s l rf. k hEu i y mj; j d
 . ek su i sl rhs

i a s mrel Ndh h(. ul . eyeKq mrsus
 nd, " uyM hk i hMfokdu fkdfl a
 ; ; j hka hgf; a cjs; j k w; r Uj kf. a
 fkdfl a wj YH; dj hka i y yel hnd ka
 . ek fi dhd ne, su i y Wkka j su
 i sl , hq h'

ysyer fkl rkk(mcd i cjs rKh
 uz ka i js a hQ i uhl os wrhpfha
 nrm; , l u i e, l s a g . ; hq h' wm
 j s ka cd; ka w; r mj; k wj Odku
 j rDKh l rkfk? wrhphl a mj; k
 l d, hl a ; ; i xj rDK khul j reka
 j Yfhka wmf. a l drHNdrh l ul o?
 . egul drS l Kavdhuz wmf. a l hnd , h
 i unko fhka l uk mj; pdrhl a
 n, dfmdfrd; a ` j h yel o? i xj doh i y
 j kjoNdh uz ka i e, l h hq ` ; ruka
 j sYj di h f. dvke. su a i s j k w; ru
 tu. ka fi j d i mhkakkf mcdj i y

ck; dj mji k fog
weyqul ka fohs



mjcd i y os& I Kavdhuz j Hdmd; s

. ul a j 0 l , S fkd fhl a i udc mka \$
l ; yd wd. uz j , ka i eluz , ool s ta
i Eu fl dgi l ug fj ku Wml dr wj YH
fj hz b; d bl uKka wdOdr wj YH
wi rK ; ; j hg m; j 0 wh fj kfj ka
og d udrA d i xj rDK i e, i qul a wdruN
fl dg we; '

- mjcd j Hdmd; s fuhka kd andok
l hndj , h i byd j 0 i um; a i emfhk
w; r tuz ka j s d, ck fl dgi l g
wdydr nyq j u yd mj; s dN , enu; a
i s fjh s mifoa h ugguka
i a dj rNdj hl a we; s l r s u g i y
i dudkH ck c j s h kej ; i a dmkh
l r s u g fuu j Hdmd; s odhl fj hz
- os& I Kavdhuz j Hdmd; s fuu j Hdmd; s
uz ka wi rK ; ; j hg m; j 0 mj q a j , g
wdodhuz udrA jevs l r j k w; r wdydr
i mhd . ek u myi q l r j h s fuu
j Hdmd; s uz ka ck; dj g Wml dr l rk
nej ka mj udKj ; a ; ruz wdydr us o S
. ek u g fyda kd andok l r . ek u g
ck; dj g yel hndj , efnhz

fuz i Eu j Hdmd; h l a i bydu i q i q
mifoa h l hndj dr S i dudc s fhl ` y l kd
. ek u i s fl fra mjcd j Hdmd; s
l hndj; ul l r f u o S CBO m y g j d
. ku ka ta yryd l hndj; ul l rk
w; r os& I Kavdhuz j Hdmd; s t j d
; ; ka u kuz l r . ; a i dudkH l hndj dr S
I Kavdhuz yryd l hndj; ul l r h s

- i Euj gu mdfya CBO n, i umk k
j k k d fi u k s Hd k d ; n, ho we; s
nej ka . d u h i y kd andok hgs ,
myi q uz i xj rDKh jeks mjcd j Hdmd; s
jvd; a l dr HCl u wkouka l hndj; ul
l r s u g yel hndj ; f n z mifoa h
kdhl hka g j Hdmd; s l < u Kdl r Kfhka
mjcd j kdhl ; j h , ndofuka i y
i udc h j . l s u z Ndr . ek fuka
Uj k f . a yel hndj ka j rDKh l r . ;
yel h'

- i dudkH l hndj dr S I Kavdhuz ; ; ka
wi rKNdj hg m; j 0 ck; dj g wdodhuz
udrA i y i j yel hndj ka j rDKh l r
. ek u i byd t l g t l j b f . k
. ek u g; a Uj f k d j k o g u i x j Odkh j S
w; del s u z i y woyi a y j udre l r
. ek u g; a b v myi q uz i , i d fohs

j j 0 j Hdmd; ka i y l hndj dr S I Kavdhuz
t l g t l j l hndj r s u w; H j YH fj hz
mifoa h kdhl hka wi rKNdj hg m; j 0
mj q a m s e n b j . l s u oerh h q ` w; r
os& I Kavdhuz j Hdmd; s l hndj; ul
l r f u y s d Uj k a o r u ; a l , h q h'
jvd; u wi rKNdj hg m; j 0 w fhl g
Wml dr l , yel fl a mifoa h
kdhl h d f . a w k u e ; h we; kuz mu Kl s
mjcd i c j s r K h uz ka mifoa h
kdhl ; j h jevs o h k q l r k w; r
os& n j m s e n b i udc j . l s u Ndr
. k h s



. uwdk ; ;



pna jra s rKh l ruKa



j Hdmd; s fmd; j jD; l ruKa

j Hdmd; s pl h

mjcd i cjs rKh . juh ugguka
 j Hdmd; s l jhd; ul l rŕug orfok w; r
 ta i byd Wml dr l rŕs i Eu
 j Hdmd; hl au mhjr 7l ka hq a
 j Hdmd; s pl hl a yryd l jhd; ul
 l rŕs mjcd i cjs rKh fuu i hMu
 mhjr rhkayos fkdfl a me; s yryd
 . eUre mYk j , os ndOl uev f. k
 . uka l rŕs

mj; u mj s fuos IFSP uZ ka l vd
 l Kavdhul a iy fi jd odhl hka . fuZ
 mri rh ms:nbj ukd wj fndDhl a , nd
 . ks bl ns j ie, i qz l , iyNd. s j
 wj YH; d we. hupl rKh i unkd f hka
 . eushka oekj ; a l rŕs tys mrudrA
 iy l drH Ndrh js a r l rŕs . eus
 kdhl hka i uz i unkd; dj hka f. dv
 k. d . kŕs tfuka os:nbj iy
 wirKNdj h hk krikdhl hkq wkj
 . u fuZ i byd f; dard . ekŕug i qi p
 hkak kej; j ; dj l a js i s u; j i , l d
 n, hŕ

iyNd. s j wj YH; d we. hupl rKh
 (PNA) fuh w; ŕh ie, i qz iy. ;
 l jhdj, hl s . juh mjcdj iy
 wirKNdj hg m; j Ql Kavdhuz i uz
 jra udk mYk iy tj d ch. kkd
 l ju ms:nb IFSP l drH uKav, h iy
 fi jd odhl hka i dl pPd l rkq , nŕs
 . eushka Uj kf. a yel h dj ka \rj , l uz
 bv mji a dj ka iy ndOl ms:nb
 we. hupl l rŕul a i sl rŕs j Hdmd; s
 i xl , an jra l rŕs iyfhda h , nd

. ekŕuz m<uq mhjr hka i dl pPd
 l ruKa wk d. ; i yfhda s dj hg
 wvs d, u ouhs . eushka fmd\ mYk
 ms:nbj ie, l s u; a fj uka i dugys
 j Hdmd; s ylk d . kŕs wi rKNdj hg
 m; j Ql Kavdhuz j , g cjs fkdandh
 udra hka i byd Wml dr l rŕug
 j fYd fhka wdothuz W; andok
 l jhdl drl uz ylk d . ekŕug j fYd s j Q
 i uuka jKhl a mj ; j kq , nŕs

wkdj rKh l rŕu" b; du bl ukka
 Wml dr l rŕu wj YH j k wh ylk d
 . ekŕug; a Uj ka fj ; IFSP ks Odrka
 yd fi jd odhl hka bl ukka fhduq
 l rj ŕug; a PNA ys fhdkd wk dj rKh
 l rŕu iy mjuŕ; d . ; l rŕu b; d
 wj YH fj hs . eushka Uj kf. a
 me; f; ka wj YH; dj hka mjuŕ; d. ;
 l rŕu PNA ; ; os i sl rŕs

ie, i qz l rŕuz wofrns ; dCl Kd
 f; dr; re" ; k; re iy j. l ŕz iy
 ck; d odhl ; j h mŕfoarh l jhdl drs
 i dudcd hka i uz meyeos s l r . kq
 , efnz mŕfoarh l jhdl drs l Kavdhuz
 fi jd odhl hka iy IFSP i uz . j s i u
 w; a ka l rŕfuka ie, i qz l rŕuz wofr
 kusdj g m; fj hs . j s i u" uQ H
 mj; andok" ; dCl Kd f; dr; re" j. l ŕz
 iy i hMu wod< , snf, kK j Hdmd; s
 fmdf; ys wka rA ; j k w; r fuhska
 j k j ONdj h ; yj re j ŕ; a . Kkh
 l rŕuz myi q l rj ŕ; a i sl fj hs



mjcd Yd, dj l a bof ruka



jYf, dKh iy kej; ilial rU



uSz g l ul o?

i Eujgu mdfya jHdm; h l hnd; ul
 l rfuZ j. l u mej frk mtfodh
 l hnd drS i dudcd hka jkfhARDS, FO,
 SDS h' Wml dr l rU IFSP iy fi jd
 odhl hka jsi ka i dl rhS l hnd; ul
 l rfuZ wohfrbS mjcd icjS rK
 kS Odrkf. a mK wj Odkh iy
 ie, l sa wj YH fj hS jHdm; h
 l hnd; ul l rjU l <uKdl rKh i byd
 mtfodh kdhl hka oru; a l rU iy
 i yfha h , ndoU" Wmfoi a yd myKj
 , ndoU; a wj YH wj ia dj ka j , oS i DcU
 Wml dr l rU; a Ujka jsi ka i dl rhS ta
 w; ru" fi jd odhl hka wupjH khus
 mjuS hg wkj ki s fjz djg imhkafko
 hkK; a Ujka j. n, d . kq we; '

jHdm; h wj idkfha i hMu
 fl dgi d rej ka tl g tl jS Ujka l ,
 l drHhka jurMKhg , l d rkq we; '
 jurMKh hkq md, kh fkdjz tl g
 tl jS l rk wOHkhl s B, Z wj ia dfjz
 jvd fydbka l , yel fl a fudkj do?
 mtfodh i xj Odkhl a j Yfhka fyda
 . juh mjcdj j Yfhka wmf. a yel hnj ka
 i y \rA dj ; dj hka fudkj do?
 jurMKfhka mi j" IFSP iy mtfodh
 l hnd drS i dudcd hka uSz mhj frbS
 l ul a l , yel o jHdm; h jvd
 . eUrkamM, j i dl rkj do ke; fyda; a
 kj jHdm; hl a wdruN l rkj do
 hkK msnb is h yel h'



jHdm; s pl h



fmr mdi e, l a i y mjcd
 Yd, dj l a bod rñu i ðyð
 mji oðfha . j s qz w; á ka
 l rñu) i ðMu uq H
 i y ; dCl Kd l ghq`
 msnb ck; dj oekj ; a
 l rñs

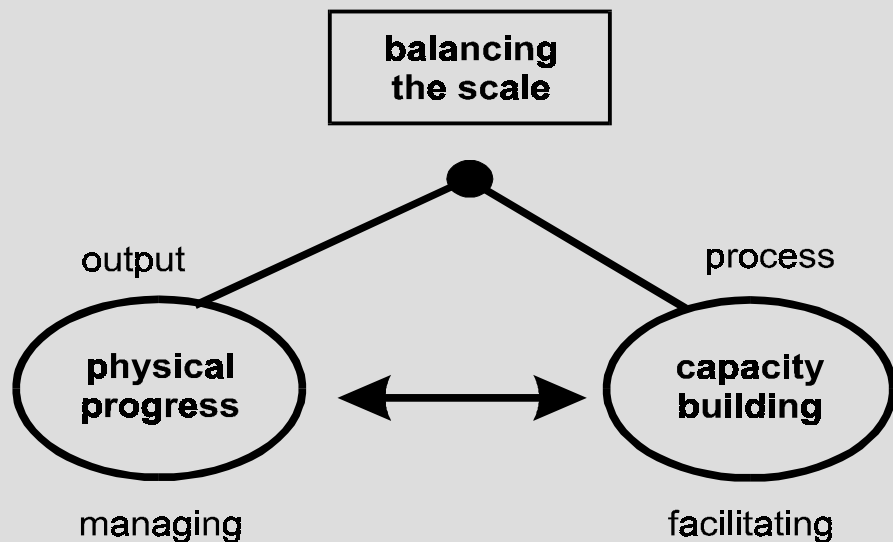
I ðdfj ys fhoj h hq` fyðb foa

mjcd i cšš rKh uz ška wdh; kd
 fj ki d uz we; š rñu fl frys ors kj k
 w; r . ðuñ ugguka ; šK . ekñu i y
 odhl j šz jevs ohqkq l rjñs ck; dj
 ;) ; i xj rDkñ msnb kj oel ul a
 we; s j S ; fnz ck; dj g oefkk" Uj ðka
 b, a k i y Uj ðkf. a wj YH; dj hka
 i mqrk j Hdmd; s we; ; ; a fl frk w; r
 mlfhda š . egM j s od, šu i ðyð j Hdmd; s
 i l i a fl frA j Hdmd; s i ðyð j k uq H
 myi d uz i šs j k nejka ck; dj tj d
 jñouz l ršfuz j vd; a M, odhš j k
 whqka mlfj yud drš keKj ; a f, i
 l ghq` l , hq h'

- mlffoaš l ðdl drš i dudcl hka j s ška
 Uj ðkf. a l ðdl drš fuz yel ðdj
 Yl a su; a j k mrofoka mhj frka
 mhj r j . l šz Ndr . efka j Hdmd; s
 l <uKdl drš j h i unkd ffokd
 Wml drhka Wmfoi a i y mgydKj uš
 we; ; ; a fjñs mjcd i cšš rKh ;) ; ška
 j k j oNdj h i y . ðuñ j Hdmd; s
 i mlfj ka ylkjd os i xl šK l ðdj , ðl a
 ol j d we. hšg wj i a dj mdod fohs fuz
 i ðyð mhj r l symhl a ufydm l drš fjz
- ff; ðndrMj d . j s qz (IFSP, mlffoaš
 i dudcl hka i y rcfha fi j d odhl hka
 jñou i y i e, i qz l ršfuz l ðd; ul
 l ršfuz i y we. hqz l ršfuz l rA j Hhka
 yj udre l r . kS
- j Hdmd; s fmd; (j Hdmd; s . j s qz i y
 j Hdmd; h l ðd; ul l ršfuz i ðMu
 mhj rhka i ðyð j k , mš, šK" ; šK
 fuys we; ; ; a fj hz

- fhda H; dj i ðyð krikdhl (mj; s dñska
 f; drd . ekñu i ðyð f; drd . ekšfuz
 krikdhl hka fuñka woyi a fl frA
- i j) kmehqz kS (mjcd l Kadhuz i y
 CBO jevs ohqkq l rk , o kS š Uj ðka
 ; u j Hdmd; h l <uKdl rKh l rñu
 i y wfkl a l ðdl drl uz i šl ,
 hq f; a fl fi o hka msnbj CBO
 j s ška i j k rñudKñ l r . kkd , o
 kS s
- kS s i y jev mšfj , ; yjre l rñu
 tl z j o kS s yd jev mšfj ,
 l ðd; ul l rj šg myi d uz
 i mhka kka W; á d fjñs
- ; dCl Kd f. dkj i y mñs h(. ðuñ
 wj YH; dj hka wkj i ðMu hgs ,
 myi d uz jev i ðyð rcfha wkq;
 l rk , o fyda IFSP jevs ohqkq l rk
 , o mñs s i y . ; ; dCl Kd f. dkj
 wkq ukh fl frA
- wNHka r j . l šz yj udrej (CBO g
 j šfYd s j . l šl a mejefrk w; r
 mšK wj fndhl a hgf; a CBO j s ška
 l vd l Kadhuz j , g l drHhka Ndr
 fohs

I fl a j jev j , os l ju l ðfhka fyðb
 mgydKj l a , efnz tjeks w; ðel šz i y
 W. ; a mdvuz wfkl ; a i xj rDk wdh; k
 i uz yj udre l r . ekñu rch i y
 rdch fkdj k i xj OdK uz ška . uzdk
 j , i š fl frk i xj rDk jev l ghq`
 j , os fuu uq Orñu mñM, j Ndj s d
 l rj šg fya mdol fjñs



මැද i ජ්‍ය rKh uz kka m; M, h i y l h d j , h i un r j m j ; j d f. k h Eug odh l f j h s

myi d uz i , i k k k a f , i m j c d i c j s r k k s O d r s k a

IFSP uz kka W. ; a ; reK m r s i m j c d i c j s r k k s O d r s k a f , i l g h q ` l r s u g o r s u ; a l r h s U j k a m j f o a r h m j c d i x j o d k i u z ; a f i j d o d h l h k a i u z ; a l g h q ` l r k w ; r j H d m d ; s p l h g m y i d u z i , i h s m j c d j i u z w o y i a y j u d r e j g f u d j k a b ; d u o c l j k w ; r f y d b w o y i a y j u d r e j l g i y i y f h d a \$ d j h l g w j Y H l j u W m d h k a f h d o k q , n h s

m j c d i c j s r k k s O d r s k a

- i x j d o h g u z f m k j h s i u n k o d ; d i y j e v l r s f u z i n o ; d f. d v k. h s o d h l ; j h , n d o u o r s k j h s
- y b k j d f o h s o r s k j h s W m f o i a f o h s k u q a m j o d k j . l u m j f o a r h l h d l d r s i u d c l h k a g m j r h s
- f i j d o d h l h k a i y . j u s h c k ; d j w ; r w e ; s m r ; r h w j u l r h s
- c k ; d j g U j k a f . a w j Y H ; d j h k a i y , e o h d j k a m s n b j y l v k e . s u g w j Y H

wd; u Yl a h yd yel h d j m j . K l r j h s

- m j f o a r h j H d m d r d h k a g i y k d h l h k a g j H d m d r j , i y / l h d j , w d f h d c k h g o r s k j h s

m j c d i c j s r k k s O d r s k a f . a l d r H N d r h j k a f k a j H d m d ; s p l j f h a m j ; M , h i y l h d j , h i u n r j ; n d . e k s u h s m y i d u z i e , i f u z y d l < u K d l r k h l r s f u z f y d a y e l h d j r o k h l r s f u z y d j H d m d ; f h a m j f h d a \$ j r o k h w ; r b ; d f h d a H i u n r ; d j h l a w e ; s l r s u g U j k a g w j Y H f j z

t l a w ; l k a y e l h d j r o k h " o d h l ; j h , n d o u i b y d c k ; d j o r s u ; a l r s u i y . j u s h l h d l d + i d u d c l h k a i y f i j d o d h l h k a w ; r j e v l r s f u z i y o ; d j h l a w e ; s l r s u h k l r e K q b g d r s u g l d , h l a . ; j k w ; r m j ; M , f . k o s u u k o . d u s i j r E m h l a . k s w k s a w ; k a c k ; d j o j i w j i d k f h a W i i a m j u s h l k a j H d m d ; f h a w j i d k h l a o e l s u g n , d f m d f r d ; a ` f j h s



mi qjmreu i y we. hq

m<fj ; a i y yei r&sz

m<cd i c&sz rK k&sz Odr&szka yg
Uj <f. a m<fj ; a i y yei r&sz rgdj ka
m<rn&szb i e, l &sz u; a j h hq h'

I drH Ndrhka i y j. I &sz u(m<cd
i c&sz rK k&sz Odr&szka Uj <f. a m<cdj
fj k&sz fj ka i hM wj YH; d bgq l rfok
usymg i gk j&sz h&szka mrs l a fkd&sz fjz ta
fj k&sz g Uj <ka . ju&sz h l j&sz dl dr&sz s
i dud&sz d hka&sz f. a l drH Ndrh l ul &sz ?
fi j&sz dod&sz hl hka&sz f. a l drH Ndrh l ul &sz ?
i y Uj <ka fj k&sz fj ka fmks i gk&sz fka
l j&sz rek&sz hka&sz ; a ; yj&sz re l r foh&sz s
m<cd i c&sz rK fha m&sz Od&sz k l drHh
j k&sz fka tl fkl dg ; u ; uk&sz f. a
j. l &sz u ; ks ; kj oer&sz ug b. ek&sz j&sz u
i y m&sz y&sz k&sz q l r&sz u&sz h&sz s

m&sz fo&sz a&sz h l j&sz dj l a i by&sz d we; s bv m&sz j i a d
m<rn&szb l ; &sz dj (tl fkl d i hMfok&sz dg
Wml dr l ru&sz ka f. k hk i dul du&sz s
mrs rhl a . u&sz j&sz ei h&sz ka f. ka m<rn&szb&sz q
fk&sz d&sz fjz . ju&sz h ck fl d&sz gi a fkd&sz fh l a
i udc mx; j , g" l ; yd cd; &sz kg fno&sz s
we; ' j&sz j&sz O i udc mx; &sz ka w; r j&sz j&sz O
mr; rhka ol &sz kg , efn&sz l Wod(m&sz j i &sz O
/ i j&sz &sz u&sz l wdr&sz O&sz s l ebj&sz &sz u&sz l fm&sz foa , &sz
l ; dny' wi rK j l mrs i a . fuz by,
fmf<ka h bor&sz hg /f. k wd hq h'

i j)m); nu&sz nh(m<cd i c&sz rK
k&sz Odr&szka Uj <ka j i &sz kau Uj <f. a
j g&sz kd l u m<rn&szb m); nu&sz Nhl a f. dv
k. d . ; hq h' os&sz ka&sz ka m<rn&szb wmg
j. l &sz u a ; fno&sz wfmka tj&sz ek&sz l a
fmk&sz k&sz uz fl frk&sz j do? os&sz ka&sz ka m<rn&szb j
wm i x&sz f&sz o&sz s? Uj <ka i u&sz l b; d i u&sz n
i un&sz k&sz O; dj l a f. dv ke. &sz ug wm
i &sz d&sz ku&sz o?

i ne&sz bh&sz j(ck; dj i u&sz l i un&sz k&sz O; d
we; s l r . ek&sz fu&sz s bv i y l d, h

i l i d . ek&sz u b; d wi &sz eh' j j&sz O; i y
WK&sz q&sz uz i nk&sz O; dj hl a f. dv k. d
. ek&sz u b; d wj YH fj hl tj&sz eks
wj i a dj l a j Yf&sz hka fl fkl ` <uh&sz ka
i u&sz l l j&sz dj g fhdu&sz j S Uj <ka i u&sz l
l ; dnyg j&sz eg&sz s ta udr&sz a fh&sz ka b; d
myi &sz fj ka Uj <f. a foud&sz mh&sz ka fj ; g
fhdu&sz j&sz u oel j&sz h yel '

i du&sz y&sz l bf. k&sz u(bf. k . ek&sz u
fk&sz dl v&sz j d fl frk fkd&sz kj ; &sz k l j&sz dj l a
j k w; r th tl u&sz j fl frk
l j&sz d&sz du&sz hl &sz m<cd i c&sz rK k&sz Odr&szka
. u&sz j&sz ei h&sz ka i y k&sz Odr&szka tl g tl j
fl frk woyi a y&sz j udr&sz e&sz j&sz o&sz s yd
i dl p&sz Pd j, os i du&sz y&sz l bf. k&sz u
i &sz f&sz j&sz hl m<cd i c&sz rK k&sz Odr&szka
Uj <f. a l f&sz la j w; &sz el &sz u y&sz j udr&sz e l r
. ku&sz ka bf. k . ek&sz u yd yel h&sz d
j r&sz O&sz kh l r . ek&sz u i &sz l r&sz h&sz s

I < i y fkd l < hq ` fo&sz m<cd
i c&sz rK fh&sz s I < i y fkd l < hq `
foa i by&sz kl a l , fyd; a Bg fnd&sz fyda
l re&sz K&sz we; ; ; a fj&sz h&sz ku&sz q a t&sz j&sz dh&sz ka
m&sz Od&sz ku l re&sz K&sz j k&sz fh&sz

- m<u&sz j ck; dj g wey&sz ud ka os&sz j&sz kd
Uj <kg fo&sz a&sz kd me&sz j&sz e; j&sz f&sz u&sz ka yd
Wmfoi a os&sz f&sz u&sz ka j < l &sz k&sz k'
- ck; dj g Uj <f. a woyi &sz
wj YH; dj h&sz ka i y i s&sz u&sz me; u&sz
fk&sz d&sz nh&sz j m&sz j dY l < yel s
j d; dj r&sz Khl a f. dv k. k&sz k'
- Unf. a Wmfoi a i y j i &sz u&sz w; rg
ck; dj ; , a q l r&sz ug W; i dy
fk&sz d&sz f. k tl u&sz j f. dv k. d . ;
yel s bor&sz s udr&sz a hl a fm&sz k&sz k&sz uz l r
fok&sz k'



i xj doh ; ; ka
l hndi dri uz
orsu; a l r su

i ðl r we; s foa j ui su) bors oel u

jir ; kl muK jev l hnd; ul
l r fuka mi g wo wm igkafka
fl d; ekl o? mjcd i cjs rKh uyd
mrudKfhka j Hdma l rk , \j
ixl , ms yd mrcl Khg , l d rk
, ool s i xj rDk l hndj , fha i xl , m
f, LK. ; l r su i ydo wdh; k w; r
fnod os ; fnz

mJdk b, l d hka fol l a ; j \rg; a
meyeross l r ou wj YHh'

- IFSP wotr 2003 jir wj idk fha
wj idkhg m; fj hz i dudcl hka w; r
j. l su mej r su i ðfj utka mj ; h
rcfha i dudcl wdh; k i y r dcl
fkidj k i xj odk j , g mjcd
i cjs rKfha i xl , m" uq Orlu i y

msxfj; a td dnoD l rkafka fl fi o?
fuh wdh; kd meje; u jevs ohkq
l r su i byd , ndoh yel s b; d jgkd
odhl ; j h l s

- mej ; s ; ; j h i e, l h hq` wkouka
fj ki a js we; ' * , xl d rch i y
t, dgsgs i xj odkh w; r igka j rdu)
wj fndD; d . j si qul a w; a ka l r oekg
i a ri dr i du i e, ei ul g woyi a
yj udre l r . kuka i ghs fuh l , a
. ; j k l hndj , hl a jg ; a oekg
fl rf. k h k kdj Q mrj rA khka uz ka
kj M, odhS wj i a dj ka Wodl r fok
w; ru wkd. ; h ms nb kj
wj ksYps Ndj hka we; s rkq , nhs
i duh f. dv kexj su i byd mjcd
i cjs rKh fl fi a odhl j k fka?



wfkdK H Wml drS hym; a mrd rhl a
 iy iudc ixl , kh ; ; ka
 kdndokh iy /l hnd wji a d; a
 fj <bfmdkg iy jHdmr j, g
 wj ; sK j ug; a yel hndj , efnhz
 jS mrd s . l r fuz uOHl a dkch uq fl

i duh f. dvke. s

IFSP oekg mj ; k foamd, k
 jd; djrKh fl frys wj Odkh
 fhduq rukka ; u l ghq ` i s l r h s
 i Eu mjh, j drA s l K ardhul u oekg
 mj ; k ; ; j fha ; u mpa , d u ; h
 iy ta ; ; ; u meje ; u ; yj re l r
 f. k i g h s fndfyduhl a ck ; dj
 ; ju ; a wk d . ; fha l ul a i s f j o h k k
 ms:nd wi a dj r ; ; j hl i g k w ; r
 i dufha u, a M, Uj fkg , efnfoda
 fkd, efnfoda hk i el fhka mi fj ; t

i duh f. dv ke. s cd; s l rA H j hl s
 ck; dj w; r l ; dny we; s l r s ug"
 woyi a t < oel j ug; a iy i j s a i udchg
 Wofhda s ; a f, i l hnd drs j ug; a mcd
 i c j s rKh ul ka odhl ; j hl a , nd
 . ; yel h' mcd i c j s rKh ; ; ka
 fuu orMkhka i unr l r . ; hq
 w; r j j o , eohdj ka i y u; j dohka
 t < oel j h yel s . juh bvmji a dj ka
 i emh h hq h' ; jo j Hdmd; s l hnd; ul
 l r s ; ; ka mek k. k kj . egM i y
 ck; dj w; r yg. kkd l e < U s s
 i j dNdj hka t < oel j s uo mcd
 i c j s rKfha s i s j h hq h'

i s s j Yfhka , eohdj ka yd u; j dohka
 hk fol i unr l r s ug; a i s di ys j o
 i xj rDk l hndj , hl a f j k j g i u i a
 i xj rDk l hndj , hl a m j i rDkh
 l r s ug; a mcd i c j s rKhg odhl j h
 yel h' j j o i udc ugguz j , yd
 ckj drA s fl dgi a j , g Uj f. a
 wj YH; dj hka i y l rA H j hka i b y d
 y l v ke. s ug i udk wji a dj l a , nd
 fokq , efnz

fuz wdl drfhka mcd i c j s rKhg we; s
 yel hndj ka ku{

- j . l s u y j u d r e l r . k k k a i u z
 i y f h d a h w e ; s l r s u i y l ; d n y
 w e ; s l r s u g o d h l j s
- w r . , h g u e o j o i h M u m d r M j h k a
 i u z f k d l v j d l ; d n f y a f h f o u k a
 i x l , m " l j u W m d h k a i y l h n d r l u z
 j , m e y e o s s j k j o N d j h ; y j r e l r s u
- . juh uggfuz ye, yemansuz i y i udc
 w r . , j s b h y e l s i u d c m o d ; h l a
 i y m h f o a h w d h ; k k e j ; f. d v
 k e x j s u g W m l d r l r s u
- j . l s u z o e r h y e l s . juh uggfuz
 k d h l h k g i y f h d a s d j h n e y e r
 l r s u f j k j g j e v s o h k q l r s u g o r u ; a
 l r s u
- w d r j q a i y u ; j d o i u d c u g g u k a
 k r d l r K h l r f u z y e l h n d j i y w o y i a
 y j u d r e j j e v s o h k q l r s u
- m M , a w d r A s c d , h l a i b y d . juh
 c j f k d m d h k a t d d n o D l r s u i y
 t ; ; ka w d r A s m y i q u z j e v s o h k q
 l r s u g m y i q u z i e , i s u ^ i d u f h a
 m j ; M , i u z &
- r d c H i y r d c H f k d j k i d u d c s
 w d h ; k j , f i j d j k f . a j k j o N d j h
 j e v s l r s u i y w e . h s

mcd i c j s rKfha os ` l d, k wrudK
 j k f k a c d ; s l ; yd mx; s fkd i , l d
 i hMu m r j e i h k g f m d yd M, odhs
 j k foamd, kd i y m r s n d , kuh
 l juhl a . juh ugguka f. dv ke. s h s

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